

November

MEMBER OF THE MONTH

Belle



What activities do you enjoy outside of the Fitness Center?

My favorite form of exercise is by far swimming. Growing up, I did synchronized swimming for 7 years!



What is your favorite exercise to do at the Fitness Center?

I love Tuesday Strength classes with Hope! It's challenging and works your body while still being super enjoyable. It's a great way to kick off the morning!

**PIVOT
FITNESS**