



# Pivot Fitness Membership Benefits, Policies and Code of Conduct



- 1. Membership Benefits:** For current program information, call Pivot Fitness at 612-376-8021 or inquire at the front desk.
- 2. Membership Eligibility:** Exclusive membership to Pivot Fitness is free to all IDS Center tenants in the property. Proper proof of affiliation to Pivot Fitness, such as employee identification or an employer's written acknowledgement of employment, will be required at time of registration.
- 3. Access:** Members must use a valid property access card to enter Pivot Fitness. Pivot Fitness reserves the right to reduce hours for maintenance purposes, severe weather or any other reason beyond control of IDS Center.
- 4. Change in Contact Information:** Member must notify Pivot Fitness staff in writing when any contact information changes, including access card number. Primary correspondence will be done via email.
- 5. Cancellations:** If you move out of the property, you will no longer have access to Pivot Fitness. Please send us an email or stop by the front desk to let us know so we can take you off of our mailing list and cancel your membership.
- 6. Membership Cards, Access & Replacement Fees:** An IDS Center property identification or Pivot Fitness Membership Card (if applicable) is non-transferable and must be shown at all times for admittance to Pivot Fitness. Transference, duplication, or alteration of membership cards will result in termination of membership. Please scan your IDS ID or membership card each time you check in so we can keep our reporting numbers accurate. Replacement fees will be charged for lost cards.
- 7. Facility Closures:** All facilities, programs, and services are subject to availability. Pivot Fitness will be closed on national holidays and as assigned by Property Management. In addition, maintenance closures may occur throughout the year to ensure the safety, cleanliness and quality of our facility. Pivot Fitness hours are currently Monday through Friday 6:00 a.m. to 2:00 p.m. Hours are subject to change.
- 8. Emergencies:** In the event of an emergency within Pivot Fitness, notify a staff member immediately and follow staff instructions. If you have any injury or adverse reaction to exercise, please alert the staff so they may contact emergency services to assist you.
- 9. Member Safety:** If a member is involved in a medical incident or if the fitness staff determine a member is at an increased risk for injury from physical activity for any reason, that member may be asked to provide a completed medical clearance form to Pivot Fitness staff. Any personal health information collected by staff will be treated as confidential to the extent the law allows. Please report any incidents or injuries immediately to a Pivot Fitness staff member. If a staff member is not available, there is an emergency phone and/or pull cord located at the front desk. AdvantageHealth Corporation, Accesso Services LLC and Accesso Partners LLC suggest exercising only when at least one other person is present in the fitness center.
- 10. Equipment Usage:** Share equipment and allow others to use strength equipment when doing multiple sets. Do not drop weights or machine plates. Re-rack all weights/equipment to their designated storage areas. Benches must be kept out of walkways. Members must wipe equipment with the cleaning materials provided. Please report any equipment failures to the staff on duty.
- 11. Locker Policies:** Pivot Fitness is not responsible for personal belongings and is not liable for items that may be lost, stolen or cleared. Lockers are not for overnight use or for personal use outside of fitness center use. Members must provide their own locks.
- 12. Dress Code:** Appropriate workout attire must be worn at all times, including shirt, closed-toe shoes and shorts or pants. No profane or inappropriate clothing will be allowed. Pivot Fitness Staff reserves the right to ask any member to change clothes.
- 13. Personal Hygiene:** Proper hygiene must be maintained by wearing clean clothing and using deodorant. Please refrain from using perfumes, fragrant lotions or colognes as they may be offensive to others.
- 14. Member Conduct:** No food or drinks (except fitness nutrition such as bars, gels and fluids in closed containers) are allowed. Cell phone use is only allowed for music using headphones. Please refrain from having conversations on your cell phone when in the fitness center. No personal items (i.e. gym bags) may be left in exercise areas or held by staff. No smoking, drugs, or alcohol are permitted and members may not use equipment while under the influence. Harassment of any sort – verbal, physical or visual – will not be tolerated.
- 15. Group Exercise Policies:** Classes may be canceled or altered without notice. Report any incidents or injuries immediately to Pivot Fitness Staff.
- 16. Code of Conduct:** Pivot Fitness members agree to abide by Pivot Fitness Membership Benefits, Policies and Code of Conduct.

*Pivot Fitness is managed by AdvantageHealth Corporation.*